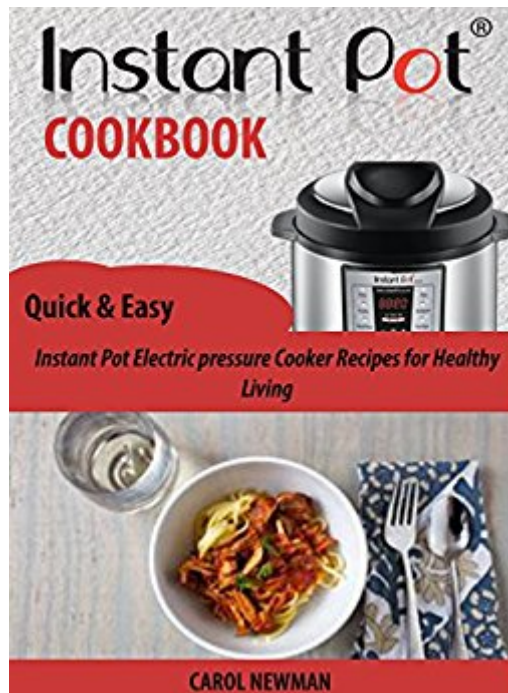


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# The Instant Pot Cookbook: Quick & Easy Instant Pot Electric Pressure Cooker Recipes For Healthy Living



## Synopsis

The Ideal Instant Pot Recipes Cookbook For Every Home With Lots Of Interesting, Delicious & Easy To Cook Recipes For All Models Of The Instant Pot Electric Pressure Cooker!! Below is a summary of what you stand to gain from this book! THE INSTANT POT ELECTRIC PRESSURE COOKER Benefits Of Pressure Cooking With The Instant Pot Instant Pot Parts IP Features & Keys How To Use Using The Pre-set Buttons Depressurizing The Instant Pot For Opening Handy Pressure Cooking Tips For Beginners IP 5 INGREDIENTS RECIPES FOR LAZY COOKS TOP QUICK & EASY IP RECIPES Fast, Healthy IP Recipes DELICIOUS BREAKFAST RECIPES LUNCH RECIPES DINNER RCIPES IP DESSERTS TO DIE FOR SIDE DISHES The recipes are written specifically for the instant pot pressure cookers. Although users of other electric pressure cookers will also find it handy. And contains lot of images to enable you have a fore sight as to how your meals will look like as well as cooking times to let you know how long you will be spending on that delicious meal. You can either click on the One-Click Buy Now button at the top right corner of your computer screen to get this book forever for your kindle or read for free on kindle unlimited. You will be glad you did and your I Pot will love you for it.

## Book Information

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## Customer Reviews

As an avid fan of the Instant Pot pressure cooker, this book popped up as something I may be interested in. So I looked into and starting reading the book, as I have Prime. ...Is everyone writing these 4 and 5 star reviews crazy? Someone who wrote a 4 star review ADMITTED they have never cooked from an instant pot before and that they PLAN to try the recipes... Sooo my conclusion is this person does not have a pressure cooker and/or has not even tried a single recipe from this book. How can you leave a review for a product that you have never TRIED? These reviews are coming from July 17, 18, and 19... Very weird. Besides that, the book is written with several grammatical errors and, no pun intended, riddled with English language sentence structural issues that leave me confused and believing that a person whose first language is not English wrote this. If someone's first language is not English, that is fine, but there clearly needed to be an editor here. As far as for the actual instructions written in the book, they are unclear. For example, in the VERY FIRST-- yes, very first!-- recipe about the refried beans, the author states to just "release pressure." Ok... HOW do I release the pressure? A slow, natural release, or a quick release? This is a very silly but (in cooking) fatal mistake, and someone who actually is familiar cooking with pressure cookers should KNOW to distinguish between a natural and quick release. For a beginner, this would be a very confusing thing to read. For someone who is experienced, the answer is clear. The beginning content introducing the functions of the pressure cooker seems to be very clearly plagiarized, as the language is cleaned up and polished. This is an abominal thing to do, to give false reviews about a book and mislead buyers. So, BUYER BEWARE! I would give this 0 stars if I could!

I got this book while had it for free. The one recipe that I did try out of here was a complete failure. The recipe was for hashbrowns. Who wouldn't love to make hashbrowns without standing around frying. I followed the instructions in the book and my pressure cooker (an Instant Pot) never achieved pressure. I had a bunch of burnt potatoes on the bottom but uncooked potatoes the rest of the way. I was determined to make the recipe worked and checked everything that might be wrong and tried again with the same results. Finally I removed the potatoes, inserted the trivet and put 2-3 cups of water in. Then I put a bowl containing the potatoes in on that and tried and it worked. Putting the water in did loosen up the horrible burnt mess on the bottom of the stainless insert but unless I'm just doing something horribly wrong, this is a faulty recipe. The instruction manual that came with the Instant Pot said that pressure can't be reached if there's not enough food or water in. So I tried this recipe one more time with a lot more potatoes and the same thing happened. If you're selling a cookbook for a specific pressure cooker, it would be nice for those recipes to actually work

in the cooker. The other recipes might work, but I really don't want to waste my food or time with something that might or might not work. I'm just thankful I got this while it was free and didn't have to pay for it!

I love this cookbook, highly recommend if you have an instant pot. There isn't any pictures, I usually like to see what it's suppose to look like. It's ok in this one, the recipes are simple. Disclaimer: The manufacturer provided a free or reduced rate sample for an honest review. I have no personal or financial interest in the company or in anyone employed there."

I have been looking for some recipes for pressure cooker and in looking through this book I was pleasantly surprised on how many recipes that I found in this book that I cannot wait to try. You will learn a lot of new and delicious recipes that you can cook using this Yummy cookbook. The recipes I've tried are very easy, take little time to prepare, and produce good results every time. The author did a remarkable job on explaining everything you need to know and I commend her for that. It is indeed a good read and I highly recommend this book to all the people who want to learn new and delicious recipes that you can prepare using a pressure cooker.

I love this pot and book! I lead a pretty fast lifestyle and these we're just the things i needed. It helps me maintain a healthy meal during the day, and I can always prepare and program when the food will be done so that I don't spend too much time in the kitchen.

Great cook book for every day with lots of recipes. Delicious and easy to prepare recipes for all pressure cookers. It is simply irreplaceable thing in the kitchen. Also preparing food in the cooker you eats healthy food. Highly recommend reading.

This is a great collection of recipes for the \$.99 price. There are many recipes that I plan to try as-is, and several I'd modify to fit my family's needs. It's also useful as examples of how to better use my new instant pot more effectively for whole meal prep.

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